

# ROC Café Menu

## Breakfast

### **Omelet \$6.00**

Choice of **1 Meat & 3 Veggies**

Bacon	Onion
Sausage	Green Pepper
Ham	Tomato
Turkey	Mushroom
Bologna	Salsa

### **French Toast Sticks (8) \$5.00**

### **Pancakes (4) \$5.00**

\*add Ham, Bacon, Sausage or Bologna for \$1.49

### **Sunrise Special \$7.00**

3 Eggs cooked to order

choice of **Meat, Toast, Fruit Cup & Tots**

### **Breakfast Sandwich**

Egg or Meat \$2.50

Egg + Meat \$3.00

Egg + Meat + Cheese \$3.25

**Oatmeal \$3.25    Fruit Cup \$2.75    Yogurt & Granola \$3.75**

## Lunch

### **Sandwiches & Wraps**

Grilled Cheese \$3.00	BLT \$4.50
Deli Sandwich \$4.25 w/cheese \$4.50	Chicken Salad \$5.00
House made Tuna \$5.00	Fish \$6.00
Baja Gobbler Wrap \$6.50	Club \$7.50

### **Burgers**

1/4lb \$3.50 w/cheese \$4.00
1/2lb \$6.00 w/cheese \$6.50
Veggie \$6.00 w/cheese \$6.50

### **Quesadillas**

Cheese \$4.00	Veggie \$5.00
Steak \$7.00	Chicken \$5.00
Combination \$7.50	

**Make any Sandwich, Wrap, Burger or Quesadilla a combo for \$2.25**

(Fries, Tots, or Chips & a Drink)

Add a Cookie to your combo for \$1.25 (saves \$1.00)

### **Salads**

Chicken or Tuna Salad All American (scoop on bed of lettuce & tomato w/fruit cup)

Chicken or Tuna Salad Scoop \$4.00	Side Salad \$4.00
Garden Salad \$5.50	Chef Salad \$7.00
Grilled or Fried Chicken Salad \$7.00	

## **Basket Meals**

**(served with a sauce and a choice of Fries, Tots, or Chips & a Drink)**

Chicken Tenders

2 - \$6.00

4 - \$8.00

Fish

1- \$5.00

2 - \$7.00

## *Soups*

Choice of 2 served daily \$5.00 per bowl

*Daily Specials* -Follow us on Instagram for details @ibclexroccafe

## *Sides*

Fries, Tots or Chips \$1.49    Onion Rings \$2.50    Fruit Cup \$2.75

## *Drinks*

Fountain Drinks, Iced Tea (sweet/unsweet), Large Coffee or Orange Juice \$1.49

Small Coffee or Hot Tea \$1.25

Bring your own Cup refill or Coffee refill \$1.00

### **We proudly serve Pepsi Products**

Pepsi, Diet Pepsi, Wild Cherry Pepsi, Mt. Dew, Diet Mt. Dew,

Dr. Pepper, Sierra Mist, Pink Lemonade